

Get the Duck

1 Each player has a ball. One player is the DUCK, holding out two pinnies so they're flapping.

2. Players dribble around trying to kick their ball and hit the duck below the knees.

3. Divide the group into two teams: one ducks, the other whatever animal they want to be.

Players dribble around trying to kick their ball
& hit the other team below the knees.

Coaching tip: Encourage little touches when the duck is near.

